Canadian Pakistani Support Association (CPSG)

SEMI-ANNUAL NEWSLETTER (JAN- JUNE, 2022)

48

Women & Children- Shelter & Support from violence at Maskan Home

42 Families

Outreach Community Support Program

211 Calls

Domestic Violence, Shelter Resources, Crisis Support, and Settlement Support calls .

123

In-House Services provided (Case-support, financial assistance, referrals, counseling and other)

150 Families

Supported by Ramadan Food Hamper's Drive

15 Women

Supported by "Healing Together" multicultural support groups" funded by The Calgary Foundation

09

Online webinars, physical workshops, events, expos, and drives.

24 Individuals

Provided Professional Counseling (Multilingual and multicultural support)- Funded by Telus Friendly Future Foundation

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Canadian Pakistani Support Association (CPSG)

SEMI-ANNUAL NEWSLETTER (JAN- JUNE, 2022)

HOME FOR WOMEN AND CHILDREN IN NEED

Event Highlights!

INTERNATIONAL WOMEN DAY- MARCH 2022

On March 6, 2022, we celebrated International Women's day in collaboration with PCA-Pakistan Canada Association Calgary and ICNA Sisters-Calgary. The event focused on highlighting the personal stories of inspiration and motivation shared by strong women in the community. The day was filled with sentiments, happiness, and moments of joy for every single women.

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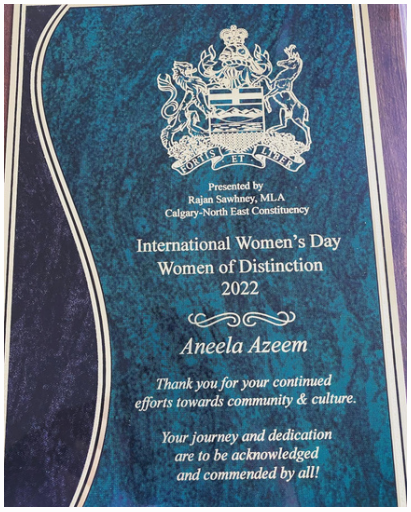
Event Highlights!

WOMEN OF DISTINCTION AWARD

We are delighted to share that Ms. Aneela Azeem (Executive Director-CPSG/Maskan) was awarded the **Women of Distinction** award by MLA, Rajan Sawhney on International Women's Day. The award recognizes the efforts and contributions of CPSG and Maskan to uplift and transform the lives of vulnerable women and youth.



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CPSG
JOINING HANDS
TO SUCCEED TOGETHER

MASKAN
HOME FOR WOMEN AND CHILDREN IN NEED

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Event Highlights!

RAMADAN FOOD DRIVE, 2022

On March 28, 2022, CPSG/Maskan organized the Annual Ramadan Food Drive to support the vulnerable population just before the beginning of Ramadan. 150 families were supported through the food drive. The drive was successfully organized by the collective efforts of **CPSG volunteers** and **Youth Uplifitng Youth CPSG Group.**

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Event Highlights!

MASKAN ANNUAL FUNDRAISER, 2022

On April 9, 2022, CPSG/Maskan organized **Annual Maskan Ramadan Fundraiser** to gather community support for the project **Maskan (Safe Home for Women and Children).** Like last year, this year the funds were also raised to secure the shelter building for Maskan project. We are pleased to share that the successful fundraising has helped us to achieve our milestone of securing shelter building for Maskan.

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Event Highlights!

MASKAN STORIES- WE RISE AGAIN!

CPSG/Maskan brings stories of courage, resilience, and survival! We have started a series of sessions dedicated to the most inspirational women who survived the most difficult times. In our first episode, we introduced the project "Healing Together" and how it can help someone who is at-risk, a victim, or a survivor of family violence. The project is funded by the Calgary Foundation. The episode #1 is available on CPSG's Facebook & youtube.

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Event Highlights!

MASKAN- MEET & GREET EDMONTON

We are thrilled to share the news that we had a great Meet and Greet session with Community Leaders of Edmonton. This is just the beginning of our upcoming campaign **"Build Maskan Home in Edmonton".** The success story of Maskan in Calgary is unique and it took a lot of effort, persistence, and dedication to reach the point of impacting over 500+ women and children. We are now starting this chapter in Edmonton!

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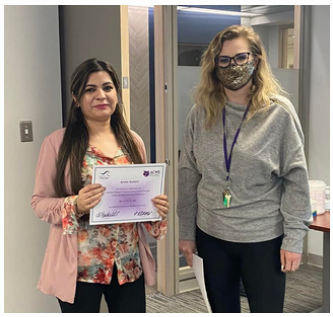
Event Highlights!

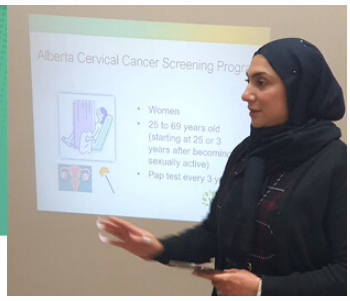
LEADING CHANGE- TRAINING BY ACWS

Four team members of CPSG/Maskan completed 3 days of training and certification of "Leading Change- Facilitator Activation" organized by the Alberta Council of Women's Shelter (ACWS). This workshop increases awareness and capacity among prevention leaders at all levels of your organization, equipping them to continue the work of violence prevention in their communities..



AHS- CANCER SCREENING AWARENESS

CPSG/Maskan in partnership with Alberta Health Services and ICNA Sisters Calgary organized Awareness Session for Cancer Screening Breast, Cervical, and Colorectal Cancer. This session was led by a team member (Asmaira Javed) of CPSG/Maskan who conducted the session for 27 ladies in their language (Urdu) and addressed elderly/young females in a culturally relevant approach. Early screening can save many lives!



CPSG/Maskan participated in the event "Taking a Step Forward" organized by the Calgary Immigrant Women's Association (CIWA) during Victims and Survivors of Crime Week. The event aimed to raise awareness around gender-based violence.

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Event Highlights!

SOUTH ASIAN RESOURCE FAIR

CPSG/Maskan is thrilled to be part of the South Asian Service Providers Collaborative (SASPC)! As part of the collaboration, SASPC organized the "South Asian Community Resource Fair" on June 25, 2022 (Saturday) at Genesis Center from 11:00 AM - 1:00 PM. 250+ Newcomers, Immigrants, and South Asians visited the resource fair to learn about programs for settlement, mental health, education. youth, domestic violence, and employment.

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Event Highlights!

EID DRIVE- SUPPORT FOR VULNERABLE!

Edi Drive was organized by the team on June 29, 2022, to provide support to vulnerable and chronic low-income families in Calgary!

50+ Vulnerable Families were supported with Grocery Cards and Food Hampers!

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CPSG/Maskan in CBC!

CBC Calgary
June 22 at 8:00 AM ·

The shelter is called Maskan, which in Urdu means small peaceful place of dwelling.

CBC.CA

Shelter focused on women's cultural needs buys home to secure its future | CBC News

https://www.cbc.ca/news/canada/calgary/maskan-calgary-domestic-violence-shelter-1.6496643

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South Asian Resource Fair Highlighted by Global News!

South Asian Service Providers Collaborative (SASPC) organized a resource fair for the South Asian community at Genesis Center. The collaborative represents various community organizations including Immigrants Services Calgary, PCHS, Centre for Newcomers, TIES, Gateway Connects, CIWA, Action Dignity, CBFY, and CPSG.

https://globalnews.ca/news/8947480/calgarys-south-asian-community-helps-newcomers/

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Partnerships & Important News!

Partnership Announcement!

CPSG/Maskan is a Gateway Partner!

We are pleased to announce that CPSG/Maskan is now a proud Gateway Partner! We are aligned with Gateway's mission to connect newcomers to the right service at the right agency every time.

Important News!

Maskan is now part of the Community of Practice for Navigating Immigration Systems and Access to Services with Immigrant and Refugee Survivors of Violence against Women by Women's Shelter Canada!

Partnership Announcement!

CPSG/Maskan partners with UNHCR-CANADA!

We are pleased to announce that CPSG/Maskan has signed a partnership agreement with UNHCR to extend support to Refugees.

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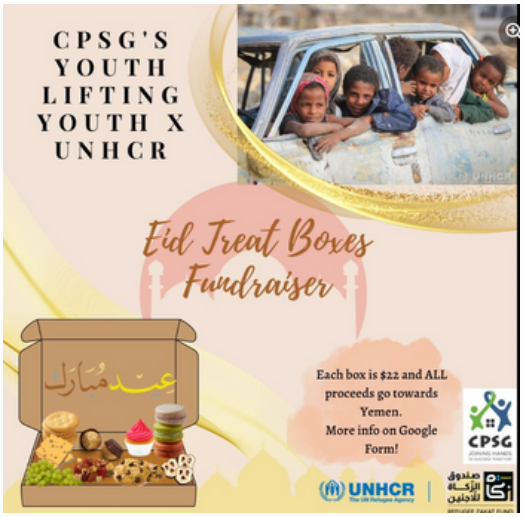
Upcoming Events



Eid Treat Boxes Fundraiser

Date: July 5- July 7

Youth Uplifting Youth CPSG in collaboration with UNHCR is raising funds for Yemen refugees. This Eid-ul-Adha, don't miss this opportunity to buy Eid Treat boxes for your family ($22 per Box) and loved ones while these purchases support the refugees in Yemen. Boxes will be available for pick up and delivery between July 5-7.

CPR/ First Aid Certification

Date: July 16, 2022
Venue: Ranchlands Youth Centre

One Day Workshop on First Aid and CPR Training Certification will be organized on July 16, 2022. The certification will be issued by Canadian Red Cross while the training will be conducted by Life Skills First Aid

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Upcoming Events

Eid-ul-Adha Meat Drive

Date: July , 2022

Share your treat with the less fortunate on this Eid Ul Adha. Donate Qurbani meat for Maskan families to these stores:
Madina Halal Meat store, Westwinds Drive, NE,
Al-Noor Halal Meat, NE
Savana Halal meat and takeout, NE
Sage Hill Crossing Halal Meat, NW

Volunteers of CPSG/Maskan will distribute meat in all four quadrants to the vulnerable amilies in Calgary

Healing Together Support Groups

Date: Ongoing

Healing Together Support groups for women who are at-risk, victims, or survivors of violence are organized by Maskan. These support groups are conducted online and provide a safe place for women to heal together with other victims and survivors.

For Event Information:
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Phone: 403-971-2774

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Funders Acknowledgments

CPSG/Maskan acknowledges the support of the following funders for different projects currenly implemented:

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